

Sarn Helen Hill Race 2007 - 16.5miles

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>	<u>Time</u>
226	1	Mike Evans	Cardiff AC	32	M	1.50.52
240	2	Glyn Price	Sarn Helen	40	M40	1.51.17
212	3	Keegan Galleymore	Sarn Helen	21	M	1.58.59
245	4	Kevin Griffiths	Trots	43	M40	2.00.15
201	5	Ann Thomas	Trots	40	F35	2.00.41
243	6	Les Hewitson	Ingli Runners	43	M40	2.00.56
249	7	Andrew Abbott	Sarn Helen	35	M	2.02.48
232	8	David Headon	Les Croupiers	47	M40	2.04.21
211	9	Chris Fulcher	Port Talbot Harriers	39	M	2.05.01
203	10	Phoebe Webster	UWA	26	F	2.07.35
206	11	Mick Ligema	Ludlow Runners	51	M50	2.08.17
222	12	Dave Powell	Aberystwyth AC	46	M40	2.08.32
215	13	Mark Dunscombe	Sarn Helen	45	M40	2.08.48
235	14	Clifford Evans	Aberystwyth Uni	48	M40	2.09.14
250	15	Richard Marks	Sarn Helen	57	M50	2.10.14
248	16	Haydn Lloyd	Sarn Helen	35	M	2.10.27
246	17	Geoff Oldrid	Aberystwyth AC	52	M50	2.10.48
244	18	Tony Hall	Sarn Helen	52	M50	2.12.29
239	19	Huw Price	Sarn Helen	44	M40	2.12.35
210	20	Charles Thomas	Port Talbot Harriers	32	M	2.13.44
233	21	Graham Colvin	3M's Gorseinon RR	44	M40	2.16.12
202	22	Shan Roberts	Ingli Runners	39	F35	2.16.43
236	23	Hywel Jones		45	M40	2.17.18
231	24	Murray Kisbee	Sarn Helen	57	M50	2.18.46
227	25	Dorian Jones	Talog Champs	25	M	2.23.00
221	26	Louise Barker	Aberystwyth AC	32	F	2.23.05
247	27	Peter Davies	Sarn Helen	52	M50	2.23.29
219	28	Sean Treloar	Port Talbot Harriers	39	M	2.26.18
223	29	Tasha Sexton	Ingli Runners	33	F	2.29.06
216	30	Mark Davies	Port Talbot Harriers	39	M	2.29.23
217	31	Alan Perkins	Port Talbot Harriers	56	M50	2.31.57

224	32	Chris Sexton	Ingli Runners	43	M40	2.37.17
241	33	Huw Rowcliffe	Sarn Helen	18	M	2.39.42
225	34	Andrew Edgell	Sarn Helen	30	M	2.40.46
207	35	Eric Rees	Sarn Helen	35	M	2.42.28
208	36	Roland Sherwood	Amman Valley	61	M50	2.43.00
251	37	Alan Johnstone	Ingli Runners	59	M50	2.43.22
205	38	Ray Davies	Pontypridd	48	M40	2.43.37
253	39	Ray James	Port Talbot Harriers	46	M40	2.43.43
238	40	Gareth Jones	Sarn Helen	41	M40	2.45.35
214	41	Lyn Rees	Sarn Helen	57	M50	2.48.20
242	42	Robin Barlow	Sarn Helen	56	M50	2.49.28
218	43	Carol Moseley	Port Talbot Harriers	30	F	2.51.01
213	44	Peter Harding	Carmarthen Harriers	67	M50	2.52.27
220	45	Caryl Davies	Sarn Helen	19	F	2.53.11
252	46	Hilary Mc Carthy	Cardigan	40	F35	2.55.51
230	47	Mike Hodges	Trots	54	M50	3.03.23
229	48	Pauline Charlett	Pembs Harriers	45	F45	3.25.52
234	49	Gudrun Jones	Sarn Helen	49	F45	3.32.21
228	50	Darbara Thomas	Pembs Harriers	62	F45	3.37.26
204		David Phillips	Pembs Harriers	63	M50	DNS
209		Irfon Thomas	Sarn Helen	18	M	DNF
237		Janet Jones	Sarn Helen	41	F35	DNF