

Ras Hwyl Cwrtnewydd 2008 - 3000mtr

<u>No.</u>	<u>Position</u>	<u>Name</u>	<u>Club</u>	<u>Age</u>	<u>Class</u>
205	1	Davy Lewis	Carmarthen Harriers	14	M
213	2	Rhys Evans	Sarn Helen	15	M
206	3	Kari O'Neill	Carmarthen Harriers	11	F
201	4	Hefin Jones	Sarn Helen	11	M
217	5	Sian Downes	Llangeitho	13	F
215	6	Ieuan Davies	Blaengwynfi	12	M
209	7	Daniel Morgan Thomas	Dryslwyn	13	M
216	8	Rhian Jones	Sarn Helen	12	F
208	9	Rhiannon Lloyd Williams	Ysgol Glantaf	12	F
202	10	Carwyn Davies	Sarn Helen	12	M
214	11	Sophie Mai Jones	Gorsgoch	12	F
211	12	Meleri Davies	Cwmsychpant	12	F
204	13	Elinor Jones	Lampeter	12	F

<u>Time</u>
11.30
12.53
13.01
13.17
13.33
13.51
13.52
14.31
17.20
19.39
20.13
21.06
21.50